

Mountain bike orienteering
17. Estonian championships in the middle distance (WRE),
5. Estonian championships in the sprint and
20. Estonian championships in the long distance (WRE)
Baltic Championships in MTBO



02. -03. July 2022
North-Kõrvemaa, Anija parish, Harju county

Organizers

Estonian Orienteering Union, Orienteering club Põrgupõhja
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Maps and courses – Mait Tõnisson, tel +372 513 8911, email mait.tonisson@outlook.com
Advisor - Mart Pais, email martpais@hotmail.ee

Event center

Middle distance and long distance:
Sportland Kõrvemaa Hiking and Skiing Center <https://sportlandkorvemaa.ee/?lang=en>
<https://goo.gl/maps/nw3fShyAdcmipgZx5>

Sprint:

Nordwood Aegviidus Sports Hall
<https://goo.gl/maps/ocnEjVygsnpA6ZCh7>

Programme

Saturday, 02. July

Competition center open from 10:30
Middle distance(WRE) first start at 12:00
Sprint competition center open from 16:30
Sprint first start at 18:00

Sunday, 03. July

Competition center open from 10:30
Long distance(WRE) first start at 12:00

Participants

Competitions are open for all participants. To be eligible for Estonian Championship medals, one needs to be either an Estonian Citizen or a member of an EOF club.

All of the competitors of Estonian Championships must have an active licence on competition day. (Not necessary for non-estonian competitors)

Competitors can only represent one club during a mountain bike orienteering season.

Categories. Rules of draw and start interval

The Estonian championship of mountain bike orienteering takes place according to Estonian Orienteering Union's rules.

<https://orienteerumine.ee/wp-content/uploads/2022/05/10-eestimv-ro-2022-yldjuhend.pdf>

MW21 (WRE) compete according to IOF's rules on both days.

<https://orienteering.sport/mtbo/competition-rules/>

Sprint

CATEGORIES: MW 17, 20, 21, 40, 50, 60, OPEN

DRAW: in categories M21 and W21 last year's participants of the World and European Championships, who belonged to the Estonian national team, will be drawn to the end of starting protocol.

START INTERVAL: in all categories at least 1 minute.

Middle distance

CATEGORIES: MW 17, 20, 21, 40, 50, 60, OPEN

DRAW: in categories M21 and W21 the protocol will be drawn according to the world ranking. Competitors who are not in the world ranking are drawn to the beginning of the protocol.

START INTERVAL: in all categories at least 2 minute.

Long distance

CATEGORIES: MN 17, 20, 21, 40, 50, 60, OPEN

DRAW: in categories M21 and W21 the protocol will be drawn according to the world ranking. Competitors who are not in the world ranking are drawn to the beginning of the protocol.

START INTERVAL: in all categories at least 3 minute.

Terrain

Long and middle distance:

Competition center: Kõrvemaa Hiking and Skiing center.

Network of wide hiking and skiing tracks. Also some singles and off road trails. 90% of the tracks are dirt and sand tracks. Cuts through the forest are allowed but usually problematic because of the fallen trees and thick underwood.

The height difference throughout the terrain is 30m and the maximum difference on one slope is 27m.

Starts are no more than 500m away from the competition center.

Sprint:

Competition center: Aegviidu Sports Center.

Aegviidu borough and the surrounding forests and hills. 2/3 of the terrain is in partly hilly skiing tracks and 1/3 is in the easy asphalt roads in Aegviidu borough.

Starts are 1km from the competition center.

Map

All of the maps are being completed in June 2022.

Long distance: 1:15 000; h=5m

Middle distance: 1:10 000; h=5m

Sprint: 1:7 500; h=5m

Previous orienteering maps of the terrain:

- Ännijärve: [2019040.png \(1996×1770\) \(orienteerumine.ee\)](#)
- Apuparra: [2016003.gif \(1158×1655\) \(orienteerumine.ee\)](#)
- Venemäe: [2019029.gif \(2913×1935\) \(orienteerumine.ee\)](#)
- Pikknõmm: [2018056.gif \(1861×2597\) \(orienteerumine.ee\)](#)

Embargoed area

Embargoed area:

<https://orienteerumine.ee/kaart/?eolcode=2022006>

Courses

Course distances (km):

Class	Sprint	Middle	Long
M17	6,00	11,00	22,00
M20	6,50	14,00	28,00
M21	9,50	21,00	42,00
M40	6,00	17,00	27,00
M50	5,50	13,00	22,00
M60	5,00	11,00	17,00
W17	5,00	9,00	17,00
W20	5,50	12,00	22,00
W21	6,50	17,00	30,00
W40	4,50	17,00	18,00
W50	4,50	9,00	13,00
W60	4,00	6,50	10,00
OPEN	4,00	6,50	10,00

Punching system

SportIdent touch-free punching system is used in all disciplines (SIAC).

Other information

Wearing a rigid safety helmet is mandatory – participants shall not be admitted to the start without one. Participants must follow the traffic rules when using public roads during the race. Riding off the tracks is allowed.

Participants are responsible for their own bikes' technical suitability and maintenance. Participants must start with fully equipped bikes and visit all the controls with the bike either by riding, pushing or carrying it. Competitors are allowed to carry spare parts during the competition and acquire them from fellow competitors but not from any third party. Riding off-tracks is allowed, except for areas that have been marked as out-of-bounds or settlement.

On narrow tracks, the slower rider must give way to the overtaking rider on their first demand. This doesn't apply on the marked route to finish. Riders must pass each other on the right side when riding in opposite directions on all tracks. On narrow uphill sections, riders going up the hill must give way to descending riders.

Entries

Entries to all categories except M21 and W21 in middle and long distances are through the Osport website.

Link to the registration (except M21 and W21):

<https://osport.ee/calendar/Event/19010>

Entries to M21 and W21 (WRE) are through IOF Eventor (except the sprint distance, that is through Osport), link to the competition: <https://eventor.orienteeing.org/Events/Show/7499>

Entries to the M21 and W21 in sprint distances:

<https://osport.ee/calendar/Event/19011>

Participation fees

Categories (M/W)	Sprint	Middle distance	Long distance
17	7 €	7 €	7 €
20	12 €	12 €	12 €
21	17 €	17 €	17 €
40	17 €	17 €	17 €
50	17 €	17 €	17 €
60	15 €	15 €	15 €
OPEN	15 €	15 €	15 €

Rent of SIAC-card from organizers: 2 €/day.

Participation fee must be paid before the end of the registration deadline to ORIENTEERUMISKLUBI PÕRGUPÕHJA MTÜ bank account, EE742200221040809529.

Registration is considered successful after the arrival of the participation fee.

Vacant spots are being left to the beginning of the starting protocol that will be filled after the registration deadline for double registration fee.

Competition info will be published in OK Põrgupõhja's website:
<https://okporgupohja.ee/eesti-mv-rattaorienteerumises-2022/>

Prize giving

In Baltic championships the medals for 3 best in each category on each distance (middle, sprint and long).

In case of competitors participating outside of the Estonian and Baltic championships' competition reach podium places, special prizes will be given by the organizers.

Middle distance and sprint prize giving ceremony will take place on Saturday, after the sprint competition in Aegviidu and the long distance prize giving ceremony on Sunday, after the long distance competition in Kõrvemaa.

Accommodation possibilities

- **Sportland Kõrvemaa Hiking and Skiing center -**
<https://sportlandkorvemaa.ee/accommodation/?lang=en>
- **Uuejärve Matkapesa home accommodation**
 - o up to 12 people with a sauna and breakfast with a price of 360€/night.
 - o Unlimited number of tenting places with a price of 10€/tent.
 - o Contact: info@visitkorvemaa.ee, tel +3725105441.
- **Other possibilities:**
 - o https://www.visitestonia.com/en/search?newsearch=newsearch&q=Aegviidu&random_seed=993700&oldcategory=accommodation&category=accommodation&oldregion=pohi®ion=pohi&resultscount=20&sortby=&dir=&lat=&lng=&selected_page=1&total_results=318

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